

Downtown

124 Broadway at Travis

354-1559

Hrs: M-Fri, 8am-3pm



Alamo Heights

6322 N. New Braunfels

822-2265

Hrs: M-Fri, 7am-9pm

Dinner Specials 5:30pm-9pm

Sat, 7am-2pm

Sun, 9am-2pm

(breakfast only)



Since 1981, Twin Sisters Bakery + Cafe has specialized in healthy, natural foods using the freshest and healthiest ingredients. Our stone ground whole wheat sandwich bread, parmesan cheese sandwich bread, whole wheat dinner rolls and hearty whole wheat hamburger buns are baked daily at Reggianos Bakery.



Breakfast

Served Mon-Fri 8-11am

Corn tortillas upon request. Egg whites upon request.

Fresh Fruit ♥

Fresh fruit cup \$3.29

With 2 oz organic plain non-fat yogurt \$1.69

With 2 oz homemade crunchy granola \$1.69

Breakfast Tacos

Choose two ingredients.

Egg, egg whites, bacon, ham, chorizo, tofu chorizo, avocado, cheddar, swiss, brown rice, provolone, tofu, black beans, onion, tomatoes, jalapeños, potatoes, peppers, spinach, alfalfa sprouts, mushrooms, garlic, or pico de gallo

Healthy whole wheat flour taco \$2.19

Each additional ingredient \$.89

Scrambled Eggs

Two scrambled eggs served with one piece of toast or a Twins muffin \$4.39

Platos Desayunos

Served with mashed black beans and one whole wheat flour tortilla \$8.29

Migas

Three eggs scrambled with onions, green & red bell peppers, crispy tortilla chips and mild cheddar cheese.

Huevos Rancheros

Three eggs, either scrambled or fried, topped with our fresh, spicy hot sauce and roasted and grilled Idaho potatoes.

Tofu Rancheros

Organic, firm tofu scrambled with freshly made pico de gallo, garlic and green & red bell peppers.

Oatmeal ♥

Tummy-warming old fashioned organic rolled oats, lovingly cooked with a touch of cinnamon.

Tummy-filling bowl of oatmeal served with butter, light brown sugar and milk \$3.39

Add our healthy toppings of:

Granny Smith apple slices \$.89

Banana slices \$.89

Walnuts \$.89

Raisins \$.89

Pronto Breakfast

1 scrambled egg, 1 slice of bacon, 1 slice of toast or Twins muffin \$3.99

Please, no substitutions.

Breakfast Extras

The little things make breakfast fun.

Banana, raisins or chopped walnuts ♥ \$.89

2 slices of toast \$1.99

Roasted and grilled Idaho potatoes, natural brown rice or mashed black beans ♥ \$1.79

2 lard-free whole wheat tortillas ♥ \$1.99

2 slices bacon, country ham or non-greasy chorizo \$1.99

Freshly made pico de gallo ♥ \$.89

Real egg or egg white \$1.49

Low-fat dairy cream cheese \$.89

In-house coffee/tea refills to go \$.79

Beverages

Freshly squeezed juice

Small 8 oz. \$2.59 Large 16 oz. \$4.79

Organic apple juice \$2.29

Bubbly Italian orange San Pellegrino \$2.29

Milk \$1.29

Ozarka Bottled Water \$1.99

Coke, Diet Coke, Sprite, or Dr. Pepper \$1.49

Freshly squeezed lemonade (seasonal) \$2.09

Arnold Palmer (seasonal)

Swig of fresh tart lemonade mixed with brewed ice tea \$2.09

Nancy Lopez (seasonal)

Swig of fresh tart lemonade mixed with our red raspberry tea \$2.09

Fresh brewed iced tea with a hint of mint \$2.09

Fresh brewed red raspberry iced tea (caffeine free) \$2.09

A cup of black tea, green tea or caffeine free herbal tea \$2.09

Freshly ground French roast dark coffee \$2.09

Espresso

Small cup of dark Italian espresso roast coffee \$2.19

Cappuccino

Cup of dark Italian espresso roast coffee topped with steamed milk and sprinkled with ground cinnamon \$3.09

Latté

Half dark Italian espresso roast coffee, half steamed milk and sprinkled with ground cinnamon \$3.89

We accept cash, checks, Visa, and MasterCard. \$5.00 minimum on plastic.

15% gratuity added on parties of 5 or more. All items can be packaged To-Go for a nominal charge.

Catering and Party Trays • Gift Certificates

Printed on recycled paper.