

Downtown

124 Broadway at Travis

354-1559

Hrs: M-Fri, 8am-3pm



Alamo Heights

6322 N. New Braunfels

822-2265

Hrs: M-Fri, 7am-9pm

Dinner Specials 5:30pm-9pm

Sat, 7am-2pm

Sun, 9am-2pm

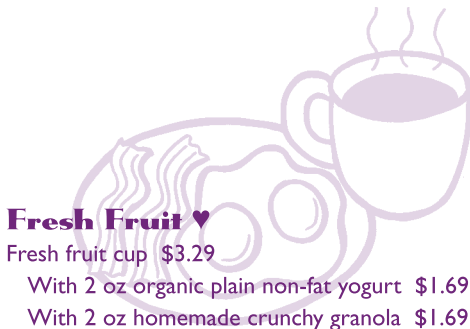
(breakfast only)



Twin Sisters

b a k e r y + c a f e

Since 1981, Twin Sisters Bakery + Cafe has specialized in healthy, natural foods using the freshest and healthiest ingredients. Our stone ground whole wheat sandwich bread, parmesan cheese sandwich bread, whole wheat dinner rolls and hearty whole wheat hamburger buns are baked daily at Reggianos Bakery. Our Alamo Heights location features beer and wine. Come in, relax and enjoy Friday night music from 7-9 pm!



Fresh Fruit ♥

Fresh fruit cup \$3.29

With 2 oz organic plain non-fat yogurt \$1.69

With 2 oz homemade crunchy granola \$1.69

Breakfast Tacos Choose two ingredients.

Egg, egg whites, bacon, ham, chorizo, tofu chorizo, avocado, cheddar, swiss, brown rice, provolone, tofu, black beans, onion, tomatoes, jalapeños, potatoes, peppers, spinach, alfalfa sprouts, mushrooms, garlic, or pico de gallo

Healthy whole wheat flour taco \$2.19

Each additional ingredient \$.89

Pancakes

Homemade stone ground 4-grain (oats, cornmeal, rice, wheat) or buttermilk pancakes served with syrup.

Half order \$3.69

Full order \$6.19

Enjoy a filling of blueberries, sliced bananas or walnuts (ea.) \$.89

Organic maple syrup \$1.79

Check blackboard for special pancakes.

French Toast

Stone ground organic whole wheat or parmesan French toast served with syrup.

Half order \$2.99

Full order \$4.89

Organic maple syrup \$1.79

Scrambled Egg Special

Fresh fruit cup, two scrambled eggs, roasted & grilled Idaho potatoes and your choice of one pancake, one piece of French toast, bacon, one piece of toast or a Twins muffin \$8.89

Organic maple syrup \$1.79

Please, no substitutions.

Breakfast

Served Mon-Sat 7-11am, Sun 9am - 2pm

Corn tortillas upon request. Egg whites upon request.

Scrambled Eggs

Two scrambled eggs served with one piece of toast or a Twins muffin \$4.39

Platos Desayunos

Served with mashed black beans and one whole wheat flour tortilla \$8.29

Chilaquiles

Three eggs scrambled, crispy tortilla chips, topped and heated with our fresh, spicy hot sauce and mild cheddar cheese.

Migas

Three eggs scrambled with onions, green & red bell peppers, crispy tortilla chips and mild cheddar cheese.

Huevos Rancheros

Three eggs, either scrambled or fried, topped with our fresh, spicy hot sauce and roasted and grilled Idaho potatoes.

Tofu Rancheros

Organic, firm tofu scrambled with freshly made pico de gallo, garlic and green & red bell peppers.

Oatmeal ♥

Tummy-warming old fashioned organic rolled oats, lovingly cooked with a touch of cinnamon.

Tummy-filling bowl of oatmeal served with butter, light brown sugar and milk \$3.39

Add our healthy toppings of:

Granny Smith apple slices \$.89

Banana slices \$.89

Walnuts \$.89

Raisins \$.89

Omelettes

Three egg omelette served with roasted and grilled Idaho potatoes and one piece of toast \$8.29

Cowboy

Diced yellow onions, green & red bell peppers, diced country ham and mild cheddar cheese.

Vaquero

Diced yellow onions, green & red bell peppers, non-greasy chorizo, mild cheddar cheese and topped with our fresh spicy hot sauce.

Vegetarian

Freshly mashed avocados, cool diced tomatoes and our special white cheese blend fills this omelette. (The filling is not heated.)

Mediterranean

Sliced white mushrooms, green & red bell peppers, black olives and low-fat cream cheese.

Pronto Breakfast

1 scrambled egg, 1 slice of bacon, 1 slice of toast or Twins muffin \$3.99

Please, no substitutions.

Breakfast Extras

The little things make breakfast fun.

Banana, raisins or walnuts ♥ \$.89

2 slices of toast \$1.99

Roasted and grilled Idaho potatoes, natural brown rice or mashed black beans ♥ \$1.79

2 lard-free whole wheat tortillas ♥ \$1.99

2 slices bacon, country ham or non-greasy chorizo \$1.99

2 patties country sausage \$2.29

Freshly made pico de gallo ♥ \$.89

Real egg or egg white \$1.49

Low-fat dairy cream cheese \$.89

Non-fat sour cream \$.89

In-house coffee/tea refills to go \$.79

We accept cash, checks, Visa, and MasterCard. \$5.00 minimum on plastic.
15% gratuity added on parties of 5 or more. All items can be packaged To-Go for a nominal charge.

Catering and Party Trays • Gift Certificates

Printed on recycled paper.